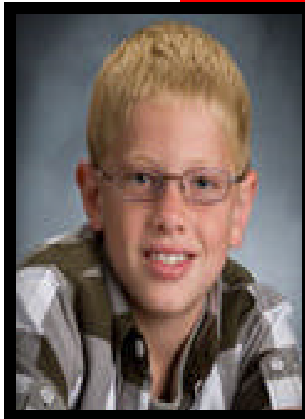


Zachary:

Montana's Champion Child

Zachary loves to fish—any kind of fishing, in fact. This passion has been incorporated into his regular therapy for major



depression. Now when Zach is faced with a stressful situation, he describes his feelings as needing "fishing time." It's a huge step in his treatment.

Zach wasn't always able to separate himself from difficult positions.

In 2006 Zach was dealing with some major stressors, which made his psychiatric symptoms more serious and even potentially dangerous. Zach was hospitalized in Shodair's acute psychiatric care unit where he was diagnosed with three psychiatric conditions: Post Traumatic Stress Disorder (PTSD), Attention Deficit Hyperactivity Disorder (ADHD) and major depression.

Zach spent four months at Shodair where he received intensive psychotherapy, medication, and individual, group and family therapies for his depression.

Like any chronic illness, Zach knows that depression may be a life-long battle. This brave young man is up for the challenge. Zach continues with outpatient therapy as well as medication management and is a smart, confident and creative fifth grader who is embracing life.



Contact the International Headquarters

Children's Miracle Network
205 West 700 South
Salt Lake City, Utah 84101
(801) 214-7400

Visit the Website:

www.childrensmiraclenetwork.org

For more information, please contact:

Kelsey Ruhkamp
State Officer of Community Service
Havre High School
P.O. Box 7791
Havre, MT 59501

Phone: (406)265-6731

E-mail: fcclakelseyr@hotmail.com

Montana's 2009-2010 Outreach Project:



About the Children's Miracle Network:

Mission

Children's Miracle Network's mission is to generate funds and awareness programs in partnership with and for the benefit of member hospitals/foundations and the children they are privileged to serve.

Children's Miracle Network Hospitals....



- Treat 98% of all children needing heart or lung transplants.
- Treat 88% of all children with cancer.
- Treat 76% of all children with cystic fibrosis.
- Treat 90% of all children with sickle cell anemia.
- Treat 72% of children with pediatric AIDS.
- Devote 60% of their services to children under age six and 25% to newborns.
- Train 60% of pediatricians and 80% of all pediatric specialists.
- Educate families about issues like child safety seats, helmet safety and bicycle safety.
- Devote nearly a quarter of their care to newborns, who require the most intensive nursing and medical care of all patients.
- Provide \$2.5 billion in charity (uncompensated) care each year.

Our goal for this year.....

\$10,000 DOLLARS!

Lets go beyond the national recognition requirement and make this our goal! Money raised for the Children's Miracle Network will be given to Shodair Children's Hospital in Helena. 100% profit goes to Montana patients, so let's strike this right!

If every chapter member earns at least \$8 a piece, we can reach and go beyond our goal for this year!

If you feel like doing something extra, chapters or their districts can make a quilt to be presented at the State Leadership Conference and will be given to kids at Shodair Children's Hospital.

Due Dates

Money to your District President is due by February 15th.

Make checks payable to your District President's Chapter.

At the State Leadership Conference, your District's earnings for Children's Miracle Network will be represented by balloons....each one representing a hundred dollars! Your new District President will carry the balloons across the stage to show everybody how you did!